

Vietnamese Fried Fish with Lemongrass (Ca Chien Xa)

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-lemongrass-fish-recipe>

Ingredients:

- 1 1/2 pounds fish whole
- 1/2 teaspoon salt
- 1/4 teaspoon ground black pepper
- 1/2 teaspoon ground turmeric
- 1/3 cup lemongrass chopped
- 3 garlic cloves minced
- 1/2 teaspoon red pepper flakes optional
- 1/4 cup vegetable oil
- 1/4 cup corn starch

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 100 milligrams
4. Fat: 24 grams
5. Protein: 33 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 380 milligrams

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