

Lemongrass Chicken Wings

Yield: 8 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-lemongrass-chicken-wings-recipe>

Ingredients:

- 30 pieces chicken wings I use 15 drumettes and 15 mid sections
- 5/8 cup shallot
- 3 lemongrass white part only
- 4 cloves garlic
- 2 inches ginger
- 1 teaspoon salt
- 1 teaspoon ground pepper
- 1 teaspoon turmeric
- 2 teaspoons sugar
- 1 tablespoon tamarind + 4 tablespoon water, strained
- 3 3/8 tablespoons water

Nutrition:

1. Calories: 790 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 255 milligrams
4. Fat: 53 grams
5. Protein: 61 grams
6. SaturatedFat: 13 grams
7. Sodium: 540 milligrams
8. Sugar: 2 grams

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