

# Grilled Lemongrass Beef Skewers

Yield: 6 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-lemongrass-beef-skewers-recipe>

## Ingredients:

- 3 tablespoons sugar
- 2 tablespoons lemongrass finely chopped
- 1 tablespoon fresh ginger finely grated
- 1 tablespoon soy sauce
- 2 teaspoons fish sauce
- 1 tablespoon sunflower oil or other neutral flavored oil
- 1 1/2 teaspoons chili garlic sauce
- 3 cloves garlic
- 1 teaspoon kosher salt
- 2 pounds flat iron steak see post for substitution
- salted peanuts chopped, for garnish, optional
- chopped fresh cilantro for garnish, optional
- peanut sauce if desired, optional

## Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 100 milligrams
4. Fat: 22 grams
5. Fiber: 1 grams
6. Protein: 31 grams
7. SaturatedFat: 7 grams
8. Sodium: 860 milligrams
9. Sugar: 7 grams

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