

# Grilled Lemongrass Beef Salad

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-lemongrass-beef-salad-recipe>

## Ingredients:

- 1 pound beef sirloin pounded flat and thin
- 3 stalks lemongrass tender bottom third only; minced
- 1 head garlic about 6 large cloves; minced
- 2 tablespoons fish sauce
- 2 tablespoons soy sauce
- 1 teaspoon black pepper
- 2 tablespoons vegetable oil
- 2 tablespoons granulated sugar
- 4 tablespoons granulated sugar
- 6 tablespoons water
- 3 cloves garlic minced
- 2 Thai chili peppers
- 4 tablespoons lime juice
- 5 tablespoons fish sauce
- 2 tablespoons soda Coconut, CoCo Brand
- 1/4 cup roasted peanuts chopped
- 1 head lettuce thinly sliced
- 2 cucumbers small, deseeded and thinly sliced
- 1 small carrot peeled and thinly sliced
- 1/2 cup mint leaves thinly sliced
- 1/2 cup Thai basil leaves thinly sliced
- 4 cups bean sprouts

## Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 53 grams
3. Cholesterol: 55 milligrams
4. Fat: 19 grams
5. Fiber: 5 grams

6. Protein: 38 grams
  7. SaturatedFat: 4 grams
  8. Sodium: 3450 milligrams
  9. Sugar: 30 grams
- 

Thank you for visiting our website. Hope you enjoy Grilled Lemongrass Beef Salad above. You can see more 17 vietnamese lemongrass beef salad recipe You won't believe the taste! to get more great cooking ideas.