

# Dijon- Balsamic Rack of Lamb

Yield: 6 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/easter-menu-ideas-recipes>

## Ingredients:

- 1 tablespoon balsamic vinegar
- 2 lamb
- 3 cloves garlic
- 1/2 cup Dijon mustard
- 1 1/2 tablespoons kosher salt
- 1 1/2 tablespoons kosher salt
- 2 tablespoons fresh rosemary minced
- 3 cloves garlic minced
- 1/2 cup Dijon mustard
- 1 tablespoon balsamic vinegar
- 2 lamb racks, frenched

## Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 7 grams
3. Fat: 6 grams
4. Fiber: 2 grams
5. Protein: 5 grams
6. Sodium: 3590 milligrams
7. Sugar: 2 grams

---

Thank you for visiting our website. Hope you enjoy Dijon- Balsamic Rack of Lamb above. You can see more 16 easter menu ideas recipes Try these culinary delights! to get more great cooking ideas.