

Keto Vanilla Cream Bulletproof Coffee

Yield: 1 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-hot-coffee-recipe-sweetened-condensed-milk>

Ingredients:

- 1 1/4 cups hot coffee strong
- 2 tablespoons sweetened condensed milk Low Carb Keto, recipe here: <https://theketoqueens.com/low-carb-keto-sweetened-condensed-milk/>
- 1 tablespoon oil or coconut oil
- 1 tablespoon unsalted butter organic grass-fed

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 45 milligrams
4. Fat: 29 grams
5. Protein: 3 grams
6. SaturatedFat: 10 grams
7. Sodium: 55 milligrams
8. Sugar: 21 grams

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