

Sliced Beef in Hot Chili Oil

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-hot-chili-oil-recipe>

Ingredients:

- 1 1/4 cups vegetable
- 1 7/16 cups mung bean sprouts
- 2 3/4 cups lettuce
- 7/8 pound beef
- green onion sections
- salt
- cooking wine
- sauce
- chili sauce
- corn starch
- chili sections
- seeds prickly ash
- essence chicken, chicken stock/bouillon
- sesame oil
- ginger chopped
- ground chili
- chili oil optional

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 75 milligrams
4. Fat: 30 grams
5. Fiber: 5 grams
6. Protein: 27 grams
7. SaturatedFat: 8 grams
8. Sodium: 620 milligrams
9. Sugar: 5 grams
10. TransFat: 1 grams

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