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Three Ways to Make Bubble Tea

Yield: 3 min Total Time: 60 min

Recipe from: https://www.recipeschoose.com/recipes/vietnamese-honey-tea-recipe

Ingredients:

- 1 cup tapioca pearls dried, boba
- 1/2 tablespoon honey
- 1 cup tea or flavoured iced tea
- lemon slice
- 4 ice cubes
- 1 cup black tea unsweetened, or green tea
- 1/2 cup milk or almond milk
- 4 ice cubes
- 1 cup fresh fruit your choice, I used strawberry
- 1 cup milk or almond milk
- 1 tablespoon honey
- 1 cup ice

Nutrition:

Calories: 310 calories
Carbohydrate: 65 grams
Cholesterol: 10 milligrams

4. Fat: 3 grams5. Fiber: 2 grams6. Protein: 6 grams

7. SaturatedFat: 1.5 grams8. Sodium: 100 milligrams

9. Sugar: 18 grams

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