

# Vietnamese Grilled Lemongrass Chicken

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-marinated-chicken-recipe>

## Ingredients:

- 2 tablespoons canola oil
- 2 tablespoons lemongrass finely chopped
- 1 tablespoon lemon juice
- 2 teaspoons soy sauce
- 2 teaspoons light brown sugar
- 2 teaspoons minced garlic
- 1 teaspoon fish sauce
- 1 1/2 pounds chicken thighs or more to taste, pounded to an even thickness

## Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 145 milligrams
4. Fat: 32 grams
5. Protein: 29 grams
6. SaturatedFat: 7 grams
7. Sodium: 400 milligrams
8. Sugar: 2 grams

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