

Cambodian Coconut Beef Skewers

Yield: 2 min
Total Time: 49 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-grilled-lemongrass-beef-skewers-recipe>

Ingredients:

- 1 pound flank steak cut into thin strips
- 2 pieces galanga dried or fresh, if dried soak in warm water until softened
- 2 cloves garlic
- 1 shallot
- 2 tablespoons lemongrass minced
- 2 tablespoons cognac
- 2 tablespoons sauce Gourmet
- salt
- pepper
- 1/4 cup full fat coconut milk

Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 80 milligrams
4. Fat: 24 grams
5. Fiber: 2 grams
6. Protein: 51 grams
7. SaturatedFat: 13 grams
8. Sodium: 590 milligrams
9. Sugar: 2 grams

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