

How to Make Pesto Sauce (with any greens!)

Yield: 1 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-green-sauce-recipe>

Ingredients:

- 4 cups greens
- 1 clove garlic minced
- 2 tablespoons fresh lemon juice
- 1/3 cup toasted nuts or seeds**
- 1/3 cup freshly grated Parmesan omit for vegan or replace with nutritional yeast
- 1/2 teaspoon kosher salt
- 1/8 teaspoon freshly ground black pepper
- 6 tablespoons extra virgin olive oil

Nutrition:

1. Calories: 1170 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 30 milligrams
4. Fat: 118 grams
5. Fiber: 6 grams
6. Protein: 22 grams
7. SaturatedFat: 20 grams
8. Sodium: 2020 milligrams
9. Sugar: 4 grams

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