

Sinh To Thanh Long (Vietnamese Dragon Fruit Shake)

Yield: 2 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-garlic-noodles-thanh-long-recipe>

Ingredients:

- 1 dragon fruit
- 1/2 cup ice cubes
- sugar Optional:, to taste

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 25 grams
3. Fiber: 3 grams
4. Protein: 2 grams
5. Sodium: 5 milligrams
6. Sugar: 19 grams

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