

Aioli (Garlic Mayonnaise)

Yield: 6 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-garlic-mayonnaise-recipe>

Ingredients:

- 1 egg
- 1 tablespoon lemon juice
- 1 clove garlic crushed or minced
- 1/2 teaspoon Dijon mustard
- 3/4 cup olive oil or mix of olive oil and canola or vegetable oil
- salt
- black pepper

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 35 milligrams
4. Fat: 28 grams
5. Protein: 1 grams
6. SaturatedFat: 4 grams
7. Sodium: 140 milligrams

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