

Honey Garlic Chicken Wings

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-garlic-chicken-wings-recipe>

Ingredients:

- 2 pounds chicken wings
- 1 teaspoon olive oil
- 1 teaspoon sea salt
- 1 pinch black pepper to taste
- 1/2 cup honey
- 2 tablespoons soy sauce
- 1 tablespoon fresh ginger grated
- 1 tablespoon garlic minced
- 1/2 teaspoon chili powder optional
- fresh cilantro chopped, for garnish, optional

Nutrition:

1. Calories: 650 calories
2. Carbohydrate: 37 grams
3. Cholesterol: 175 milligrams
4. Fat: 38 grams
5. Protein: 42 grams
6. SaturatedFat: 9 grams
7. Sodium: 1210 milligrams
8. Sugar: 35 grams

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