

Southern Fried Salmon Patties

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-fried-salmon-recipe>

Ingredients:

- 2 cans pink salmon 6oz cans boneless, skinless
- 2 eggs
- 1/4 onion a large
- 4 1/2 tablespoons cornmeal
- 1/4 cup flour
- 1/2 teaspoon salt
- 1/2 teaspoon fresh ground black pepper

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 215 milligrams
4. Fat: 9 grams
5. Fiber: 1 grams
6. Protein: 47 grams
7. SaturatedFat: 3 grams
8. Sodium: 470 milligrams
9. Sugar: 1 grams

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