

# Balsamic Roasted Vegetable Sandwich

Yield: 4 min  
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/eggplant-malaysian-recipe>

## Ingredients:

- 1/4 eggplant thinly sliced, 1 cup sliced
- 1 red pepper thinly sliced
- 1 zucchini large, thinly sliced
- 3/4 cup onion sliced
- 1/3 cup balsamic vinegar
- olive oil
- salt
- pepper
- 3 tablespoons basil chopped
- bread
- gluten-free buns
- mayo garlic
- 1 head garlic
- 1/4 cup vegan mayo
- olive oil

## Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 22 grams
3. Fat: 12 grams
4. Fiber: 4 grams
5. Protein: 3 grams
6. SaturatedFat: 2 grams
7. Sodium: 330 milligrams
8. Sugar: 9 grams

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