

Lemongrass Noodle Bowl With Mock Duck

Yield: 4 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/mock-duck-indian-recipe>

Ingredients:

- 20 ounces duck cans mock, or equivalent amount homemade seitan
- 8 ounces noodles vermicelli rice
- 1/4 cup shallot chopped
- 1 clove garlic
- 1 teaspoon agave syrup
- 3 dashes black pepper fresh
- 1 tablespoon soy sauce
- 1 tablespoon peanut oil or canola oil
- 2 tablespoons lemon grass sliced
- 1 lime
- 2 tablespoons coriander seeds whole
- 1 tablespoon peanut oil or canola oil
- ginger 2 inch nub, thinly sliced, no need to peel
- 6 cloves garlic smashed
- 1 white onion large, roughly chopped
- 3 tablespoons lemongrass sliced
- 1 teaspoon salt
- 4 cups vegetable broth or equivalent bullion
- 6 cups water
- 1 lime
- sauce Sriracha hot
- red onion thinly sliced
- red pepper thinly sliced
- fresh mint lots of
- fresh cilantro lots of

Nutrition:

1. Calories: 960 calories
2. Carbohydrate: 64 grams
3. Cholesterol: 155 milligrams
4. Fat: 66 grams
5. Fiber: 7 grams
6. Protein: 27 grams
7. SaturatedFat: 20 grams
8. Sodium: 2010 milligrams
9. Sugar: 9 grams

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