

# Coriander Chicken

Yield: 4 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-coriander-chicken-recipe>

## Ingredients:

- 1 3/4 pounds chicken washed, patted dry and cut in medium pieces
- 3 onions thinly sliced
- 1 tomato small, chopped
- 2 teaspoons garlic paste ginger-
- 4 11/16 cups coriander
- 3 mint leaves strands, optional
- 3 green chillies
- 4 1/8 tablespoons yoghurt
- 1 1/2 teaspoons coriander powder
- 1 1/2 teaspoons cumin powder
- 1/4 teaspoon turmeric powder
- 2 bay leaves
- salt as per taste
- sugar as per taste
- vegetable oil as required

## Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 130 milligrams
4. Fat: 12 grams
5. Fiber: 4 grams
6. Protein: 43 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 370 milligrams
9. Sugar: 12 grams

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