

Cold Noodle Salad With Nut Dressing

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-cold-noodle-salad-recipe>

Ingredients:

- 1/4 cup peanuts soaked for 3 hours
- 1/4 cup walnuts soaked for 3 hours
- 1/4 cup pecans soaked for 3 hours
- 1 Orange
- 1 tablespoon maple syrup
- 1/4 cup water from the soaked nuts
- 2 cloves garlic
- 3 tablespoons soy sauce
- 6 ounces noodles I used rice vermicelli pad thai noodles
- 1 cup parsley finely chopped
- 1 red bell pepper diced
- 1 carrot ribboned
- 1 green onion diced
- 1 cup red cabbage diced

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 52 grams
3. Cholesterol: 35 milligrams
4. Fat: 18 grams
5. Fiber: 8 grams
6. Protein: 13 grams
7. SaturatedFat: 2 grams
8. Sodium: 710 milligrams
9. Sugar: 8 grams

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