

# Coconut Chicken

Yield: 4 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-coconut-chicken-recipe>

## Ingredients:

- 1 cup flour divided
- 1 egg
- 1 cup sweetened coconut flakes
- 1/2 teaspoon garlic powder
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 4 boneless chicken breasts
- 1/4 cup butter melted

## Nutrition:

1. Calories: 510 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 160 milligrams
4. Fat: 30 grams
5. Fiber: 4 grams
6. Protein: 31 grams
7. SaturatedFat: 21 grams
8. Sodium: 540 milligrams
9. Sugar: 2 grams

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