

Clay Pot Noodles

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-clay-pot-shrimp-recipe>

Ingredients:

- 1 tablespoon vegetable oil
- 1 clove garlic minced
- 2 ounces ground pork
- 2 cups chicken stock or water, 480ml
- salt
- pepper
- 3 ounces pancit canton / yee meen, 80g
- 5 shrimps medium, peeled and deveined
- 1 napa cabbage leaf
- 1 large egg
- 3 drops sesame oil

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 80 milligrams
4. Fat: 13 grams
5. Fiber: 3 grams
6. Protein: 14 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 850 milligrams
9. Sugar: 5 grams

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