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Vietnamese Grilled Chicken With Ginger Soy Noodle Salad

Yield: 4 min Total Time: 55 min

Recipe from: https://www.recipeschoose.com/recipes/vietnamese-cilantro-lemongrass-lime-chicken-recipe

Ingredients:

- 4 pounds chicken or 4 lbs chicken parts
- 2 large shallots finely diced
- 2 stalks lemongrass finely diced
- 3 cloves garlic crushed
- 2 tablespoons fish sauce
- 1 tablespoon soy sauce
- 1 teaspoon red chili paste sambal oelek -
- 1/2 teaspoon coarsely ground black pepper
- 1/2 lemon
- 1/2 cup vegetable oil
- 2 tablespoons ginger very finely diced
- 2 cloves garlic very finely diced
- 1/2 green chili seeded and diced
- 1 teaspoon sambal oelek
- 1/4 cup fish sauce
- 1/4 cup water
- 1 lime
- 4 tablespoons sugar
- 8 ounces rice noodles broad
- 2 green onions thinly sliced
- 1/4 red pepper diced
- 2 green chilies thinly sliced
- 1 handful cilantro torn
- 1 handful mint torn
- chopped peanuts
- 3 tablespoons vegetable oil
- 1/3 cup dipping sauce ginger lime

Nutrition:

Calories: 1130 calories
Carbohydrate: 55 grams
Cholesterol: 295 milligrams

4. Fat: 54 grams5. Fiber: 5 grams6. Protein: 98 grams7. SaturatedFat: 7 grams8. Sodium: 3030 milligrams

9. Sugar: 17 grams10. TransFat: 1 grams

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