

Lemongrass Chicken Stir Fry

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-chicken-stir-fry-recipe>

Ingredients:

- 1 tablespoon lemongrass minced
- 2 Thai chilies minced
- 1 tablespoon rice wine
- 1 tablespoon fish sauce
- 1 teaspoon lime juice
- 1 pound chicken cut into strips
- 3 tablespoons lemongrass minced
- 1 tablespoon garlic minced
- 1 tablespoon ginger minced
- 2 Thai chilies minced, optional
- 1 onion small
- 4 cups veggies I used cauliflower, sugar snap peas, and julienned carrots
- 2 tablespoons chicken broth
- 2 tablespoons fish sauce
- 1/3 cup chicken broth
- 2 teaspoons lime juice
- 1 tablespoon brown sugar
- 1 teaspoon cornstarch

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 85 milligrams
4. Fat: 4 grams
5. Fiber: 2 grams
6. Protein: 29 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 1300 milligrams
9. Sugar: 7 grams

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