

# Paleo Whole30 Chicken Salad

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-chicken-paleo-salad-recipe>

## Ingredients:

- 2 pounds chicken cooked and chopped into bite size pieces, about 5 cups
- 1 cup red grapes sliced
- 1 green apple diced
- 1/3 cup chopped green onion
- 1 cup paleo mayo
- 1/2 teaspoon salt
- 1/2 teaspoon black pepper

## Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 165 milligrams
4. Fat: 26 grams
5. Fiber: 1 grams
6. Protein: 46 grams
7. SaturatedFat: 5 grams
8. Sodium: 880 milligrams
9. Sugar: 12 grams

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