

Curry Coconut Cream Soup

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-curry-noodle-soup-recipe>

Ingredients:

- 1 onion organic
- 4 cups kale organic chopped
- 2 cups mushrooms chopped
- 454 grams tofu organic
- 2 tablespoons curry
- 4 cups organic vegetable broth or water
- 2 cans cream of coconut 400ml/ea. of organic
- 3 cups broccoli chopped organic
- 4 cups noodle cooked rice
- 1 carrot shredded organic
- 2 cups fresh coriander

Nutrition:

1. Calories: 750 calories
2. Carbohydrate: 111 grams
3. Cholesterol: 30 milligrams
4. Fat: 27 grams
5. Fiber: 7 grams
6. Protein: 21 grams
7. SaturatedFat: 20 grams
8. Sodium: 1060 milligrams
9. Sugar: 70 grams

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