

Grilled Chicken Banh Mi

Yield: 6 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-chicken-banh-mi-recipe>

Ingredients:

- 1 1/2 pounds skinless chicken thighs boneless
- 1/4 teaspoon sugar
- 1/4 teaspoon salt
- 1 1/4 teaspoons black pepper
- 1 tablespoon fish sauce
- 1 tablespoon fresh lime juice
- 1 1/2 tablespoons canola oil

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 95 milligrams
4. Fat: 20 grams
5. Protein: 19 grams
6. SaturatedFat: 5 grams
7. Sodium: 420 milligrams

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