

Che Chuoi - Vietnamese Banana Tapioca Pudding

Yield: 6 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-che-chuoi-recipe>

Ingredients:

- 1/2 cup tapioca pearls
- 14 ounces coconut milk
- 1 cup water
- 1/3 cup sugar
- 3 bananas ripe, peeled, sliced
- 1 tablespoon sesame seeds toasted
- 1 mango peeled, thinly sliced

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 46 grams
3. Fat: 17 grams
4. Fiber: 4 grams
5. Protein: 3 grams
6. SaturatedFat: 14 grams
7. Sodium: 15 milligrams
8. Sugar: 26 grams

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