

Way Easy Pizza Sauce/Bread Stick Dip

Yield: 2 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-bread-stick-recipe>

Ingredients:

- 6 ounces tomato paste
- 8 ounces tomato sauce
- 1/4 teaspoon dried oregano
- 1/4 teaspoon white sugar
- 1 teaspoon minced garlic
- 1/2 teaspoon garlic salt
- 1/4 teaspoon fresh parsley minced

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 34 grams
3. Cholesterol: 5 milligrams
4. Fat: 3.5 grams
5. Fiber: 7 grams
6. Protein: 6 grams
7. SaturatedFat: 1 grams
8. Sodium: 1140 milligrams
9. Sugar: 21 grams

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