

# Vegan Bánh Cu?n

Yield: 2 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-steamed-rice-roll-recipe>

## Ingredients:

- 1 cup flour
- 6 rolls
- 1 cup flour rice noodle, bot banh cuon
- 1 cup cold water
- olive oil
- mushrooms sliced
- cashews or macadamias, finely chopped
- 1 clove minced garlic
- 1 minced ginger equal-sized piece of
- avocado sliced
- 1 teaspoon mushroom soy sauce
- 1/2 teaspoon sesame oil
- 1/2 teaspoon sugar
- mushroom soy sauce or soy sauce
- sweet chili sauce
- chili oil
- cilantro or spring onion garnish, optional

## Nutrition:

1. Calories: 1130 calories
2. Carbohydrate: 174 grams
3. Fat: 39 grams
4. Fiber: 17 grams
5. Protein: 28 grams
6. SaturatedFat: 5 grams
7. Sodium: 680 milligrams
8. Sugar: 14 grams

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