

Boba Tea

Yield: 1 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-boba-smoothie-recipe>

Ingredients:

- 5 cups water
- 1/3 cup tapioca pearls
- 1 tea bag
- 2 tablespoons honey
- milk as desired

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 81 grams
3. Cholesterol: 5 milligrams
4. Fiber: 1 grams
5. Protein: 1 grams
6. Sodium: 70 milligrams
7. Sugar: 37 grams

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