

Panda Express Black Pepper Chicken

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-express-black-pepper-recipe>

Ingredients:

- 1 1/8 pounds chicken breast
- celery thickly sliced-200gms
- onion thickly sliced-200gms
- 4 tablespoons soy sauce Or you can use juice of 1" ginger piece mixed with light
- 1 tablespoon vinegar
- 3 tablespoons cornflour
- black pepper coarsely ground-2tbsp, +/-
- salt to taste
- 5 tablespoons oil
- chicken Black Pepper, Recipe

Nutrition:

1. Calories: 700 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 290 milligrams
4. Fat: 31 grams
5. Fiber: 2 grams
6. Protein: 93 grams
7. SaturatedFat: 6 grams
8. Sodium: 1510 milligrams
9. Sugar: 1 grams

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