

Beef Tips and Gravy

Yield: 6 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/beef-tips-and-gravy-recipes>

Ingredients:

- 1 pound beef boneless stew meat
- 1 tablespoon oil
- 1/4 cup soy sauce
- 1/4 cup Worcestershire sauce
- 2 cups water divided
- 1 yellow onion medium, chopped
- 3 garlic cloves minced
- 8 ounces sliced mushrooms
- 7/8 ounce brown gravy package
- 12 ounces noodles no yolk

Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 47 grams
3. Cholesterol: 100 milligrams
4. Fat: 16 grams
5. Fiber: 3 grams
6. Protein: 24 grams
7. SaturatedFat: 5 grams
8. Sodium: 780 milligrams
9. Sugar: 4 grams
10. TransFat: 1 grams

Thank you for visiting our website. Hope you enjoy Beef Tips and Gravy above. You can see more 17 beef tips and gravy recipes Delight in these amazing recipes! to get more great cooking ideas.