

# Bò Viên (Vietnamese Beef Meatballs)

Yield: 4 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-bo-vien-recipe>

## Ingredients:

- 4 pounds ground beef chuck lean, or Ground Beef Shank, b?p bò; ask the butcher to ground it for you
- 2 bags baking powder Alsa
- 8 tablespoons fish sauce
- 2 tablespoons chopped garlic finely
- 3 teaspoons sugar
- 2 teaspoons Ground Pepper
- 2 teaspoons ginger fresh grated

## Nutrition:

1. Calories: 1010 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 310 milligrams
4. Fat: 68 grams
5. Protein: 88 grams
6. SaturatedFat: 27 grams
7. Sodium: 3080 milligrams
8. Sugar: 5 grams
9. TransFat: 4.5 grams

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