

Asian Beef Lettuce Wrap

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-beef-lettuce-wrap-recipe>

Ingredients:

- 1 pound ground beef
- 1 tablespoon olive oil
- 2 cloves garlic minced
- 1 onion chopped
- 1/8 cup hoisin sauce
- 2 tablespoons soy sauce
- 1 teaspoon minced ginger
- 1 dash hot sauce
- 1/2 lemon juice
- 1 1/2 red bell peppers green, red, and yellow; chopped
- lettuce
- bouillon powder Knorr, /cube
- salt
- pepper

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 75 milligrams
4. Fat: 21 grams
5. Fiber: 3 grams
6. Protein: 24 grams
7. SaturatedFat: 7 grams
8. Sodium: 860 milligrams
9. Sugar: 6 grams
10. TransFat: 1 grams

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