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Beef Cube Steak

Yield: 4 min Total Time: 50 min

Recipe from: https://www.recipeschoose.com/recipes/vietnamese-beef-cube-steak-recipe

Ingredients:

- 3 cubes steaks
- 1 medium onion sliced
- 3 tablespoons butter
- 1 tablespoon olive oil
- 1 cup water or beef broth
- cornstarch
- salt
- black pepper
- granulated garlic to taste
- onion powder to taste

Nutrition:

- 1. Calories: 150 calories
- 2. Carbohydrate: 10 grams
- 3. Cholesterol: 25 milligrams
- 4. Fat: 12 grams
- 5. Fiber: 2 grams
- 6. Protein: 2 grams
- 7. SaturatedFat: 6 grams
- 8. Sodium: 260 milligrams
- 9. Sugar: 2 grams

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