

Vietnamese Beef & Broccoli Stir-Fry

Yield: 2 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-beef-broccoli-recipe>

Ingredients:

- 1 1/2 tablespoons oil
- 7/8 pound sirloin steak fat removed and thinly sliced
- 2 1/4 cups broccoli
- 2 cloves garlic minced
- 1 piece ginger minced
- 2 tablespoons soy sauce
- 2 tablespoons fish sauce
- 1 1/2 tablespoons sugar
- 1 lime
- black pepper to taste
- coriander to garnish, optional

Nutrition:

1. Calories: 480 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 85 milligrams
4. Fat: 19 grams
5. Fiber: 6 grams
6. Protein: 50 grams
7. SaturatedFat: 5 grams
8. Sodium: 2440 milligrams
9. Sugar: 14 grams

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