

Filipino BBQ Pork Skewers

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-bbq-rub-recipe>

Ingredients:

- 2 1/2 pounds pork country-style ribs all fat trimmed, cut into 1" x 1" cubes
- 6 ounces 7-up
- 1/2 cup soy sauce
- 1/2 cup white vinegar
- 1 lemon juice of
- 1/3 cup brown sugar
- 6 cloves garlic crushed
- 1 teaspoon black pepper
- crushed red pepper flakes optional

Nutrition:

1. Calories: 650 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 210 milligrams
4. Fat: 35 grams
5. Fiber: 3 grams
6. Protein: 57 grams
7. SaturatedFat: 6 grams
8. Sodium: 1990 milligrams
9. Sugar: 17 grams

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