

Whole Grilled Fish

Yield: 3 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/malaysian-grilled-fish-recipe>

Ingredients:

- 2 pounds fish gutted and scaled
- kosher salt
- olive oil
- 1 bunch fresh tarragon
- 1 lemon large

Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 180 milligrams
4. Fat: 25 grams
5. Fiber: 2 grams
6. Protein: 58 grams
7. SaturatedFat: 4 grams
8. Sodium: 420 milligrams

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