

Vietnamese Banana Blossom Salad

Yield: 1 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/banana-blossom-recipe-chinese>

Ingredients:

- 2/3 pound banana blossom young, you can also use white cabbage, red cabbage, kale
- 2 1/8 cups ice water
- 1 tablespoon fresh lime juice
- 1/4 papaya or 1/2 green mango, shredded into thin slices
- 1 onion thinly chopped
- 1 carrot cut or shredded in thin sticks
- 1/2 green pepper thinly sliced
- 1 tablespoon long coriander polygonum leaf or ordinary coriander/cilantro
- 1 tablespoon mint leaves vietnamese
- 2 tablespoons peanuts crushed
- 1 tablespoon shallots to garnish, crispy fried or fresh, optional
- 1 tablespoon water
- 1 tablespoon agave or acacia honey or maple syrup
- 1 tablespoon soya sauce
- 1 tablespoon fresh lime juice
- 1/2 teaspoon garlic chopped
- 1/2 teaspoon shallots chopped
- 1/2 teaspoon chili red long, medium spicy, chopped