

# Canh Chua (Vietnamese Sweet and Sour Soup)

Yield: 3 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/very-good-vietnamese-canh-chua-recipe>

## Ingredients:

- 4 cups low sodium broth chicken, vegetable or seafood
- 3 tablespoons fish sauce
- 1 tablespoon sugar
- 3 cloves garlic
- 1 cup water boiled
- 60 grams tamarind paste /pulp, approximately 2 tablespoons. Or 5½ tablespoons of tamarind concentrate
- 1 chicken breast
- cornstarch unchecked?
- soy sauce unchecked?
- sesame oil unchecked?
- 1 cup pineapple fresh or canned, cut into 1 inch pieces
- 1 cup tomatoes 1 small or 1 large tomato, chopped into 1 inch pieces
- 1 cup okra
- 1 handful bean sprouts approx. 1 cup
- rice paddy herb unchecked?, rau om
- Thai basil unchecked?
- fried garlic unchecked?, or shallots
- sawtooth coriander unchecked?
- 1 Thai chili