

# Sopa de Fideo con Carne y Papa (Beef and Pasta Soup)

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/vermicelli-with-beef-recipe-mexican>

## Ingredients:

- olive oil
- 7 ounces vermicelli fideo pasta, or broken spaghetti works well too
- 1 pound ground chuck
- salt
- cracked pepper fresh
- granulated garlic
- 1 cup onion diced
- 3 cloves garlic minced
- 1 serrano left whole
- 2 cups russet potatoes diced
- 1 red bell pepper small, diced
- 5 Roma tomatoes quartered
- 4 cups chicken broth or water
- 1/2 teaspoon Mexican oregano
- 3 teaspoons bouillon knorr caldo de tomate, or to taste
- cilantro
- avocado
- queso fresco ranchero...crumbled
- crema lime
- hot sauce
- cilantro

## Nutrition:

1. Calories: 680 calories
2. Carbohydrate: 70 grams
3. Cholesterol: 80 milligrams
4. Fat: 30 grams

5. Fiber: 7 grams
  6. Protein: 38 grams
  7. SaturatedFat: 9 grams
  8. Sodium: 460 milligrams
  9. Sugar: 10 grams
  10. TransFat: 1 grams
- 

Thank you for visiting our website. Hope you enjoy Sopa de Fideo con Carne y Papa(Beef and Pasta Soup) above. You can see more 17 vermicelli with beef recipe mexican Try these culinary delights! to get more great cooking ideas.