

# Spicy Cheesy Mini Meatloaves

Yield: 6 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/velveeta-mexican-lasagna-recipe>

## Ingredients:

- 1 pound lean ground beef
- 1/2 pound Velveeta® cut into 1/2 -inch cubes
- 1/2 cup tortilla chips crushed
- 10 ounces Ro-Tel Diced Tomatoes & Green Chilies undrained
- 1 egg

## Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 110 milligrams
4. Fat: 13 grams
5. Protein: 23 grams
6. SaturatedFat: 7 grams
7. Sodium: 630 milligrams
8. Sugar: 3 grams

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