

Chinese Napa Cabbage Soup

Yield: 4 min
Total Time: 26 min

Recipe from: <https://www.recipeschoose.com/recipes/vegetieren-chinese-soap-recipe>

Ingredients:

- 3 cloves garlic minced
- 4 cups vegetable stock
- 3 leaves napa cabbage Slice into 2 inches pieces, about 0.5lb/250g
- 1 medium carrot sliced
- 1 tablespoon soy sauce
- 1 tablespoon Shaoxing wine
- 1 teaspoon sesame oil
- soup

Nutrition:

1. Calories: 40 calories
2. Carbohydrate: 5 grams
3. Fat: 1 grams
4. Fiber: 1 grams
5. Protein: 1 grams
6. Sodium: 1180 milligrams
7. Sugar: 3 grams

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