

Vegetarian Russian Potato Salad

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/vegetarian-russian-potato-salad-recipe>

Ingredients:

- 4 1/8 tablespoons yoghurt low fat
- 1 3/8 tablespoons mayonnaise
- 1 teaspoon vinegar from the gherkins. Adjust to taste.
- 1 sprig dill chopped
- 3 1/2 ounces potato preferably a waxy variety, boiled and cubed
- 7 1/8 tablespoons frozen peas
- 1 carrot large
- 1/2 can chickpeas
- 2 gherkins
- 2 radishes

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 5 milligrams
4. Fat: 2.5 grams
5. Fiber: 4 grams
6. Protein: 5 grams
7. SaturatedFat: 0.5 grams
8. Sodium: 450 milligrams
9. Sugar: 3 grams

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