

Soft and Chewy Keto “Sugar” Cookies

Yield: 12 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/vegetarian-recipes>

Ingredients:

- 1/2 cup unsalted butter softened
- 3 ounces full fat cream cheese softened
- 1 1/2 cups erythritol
- 1 large eggs
- 1 teaspoon vanilla extract
- 3 cups super-fine almond flour blanched
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 45 milligrams
4. Fat: 23 grams
5. Fiber: 3 grams
6. Protein: 6 grams
7. SaturatedFat: 7 grams
8. Sodium: 180 milligrams
9. Sugar: 1 grams

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