

Mexican Buddha Bowl

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/vegetarian-quinoa-mexican-bowl-recipe>

Ingredients:

- 1 bag quinoa Success®
- 1 can black beans
- 1 bag baby spinach
- 2 avocados sliced
- 2 small tomatoes diced
- 1 cup corn
- 1/4 red onion large, diced
- 1 jalapeno sliced
- 1 lime quartered
- cilantro
- salt
- pepper
- mexican spices

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 45 grams
3. Fat: 16 grams
4. Fiber: 19 grams
5. Protein: 13 grams
6. SaturatedFat: 2 grams
7. Sodium: 680 milligrams
8. Sugar: 5 grams

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