

Mushroom Fried Rice

Yield: 2 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/vegetarian-mushroom-fried-rice-indian-recipe>

Ingredients:

- 1 tablespoon vegetable oil
- 10 mushrooms sliced
- 1 egg beaten
- 1 1/3 cups long grain rice boiled
- 1 pinch salt or to taste
- 1 teaspoon soya sauce or to taste
- 1 pinch white pepper optional
- spring onions sliced, optional

Nutrition:

1. Calories: 580 calories
2. Carbohydrate: 104 grams
3. Cholesterol: 105 milligrams
4. Fat: 11 grams
5. Fiber: 2 grams
6. Protein: 16 grams
7. SaturatedFat: 1 grams
8. Sodium: 340 milligrams
9. Sugar: 3 grams

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