

Vegetarian Duck (??) Vegan Holiday Loaf

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/vegetarian-holiday-entree-recipe>

Ingredients:

- 10 dried shiitake mushrooms
- 1 ginger ", 2.5 cm, sliced
- 1 star anise pod
- 2 tablespoons sugar
- 2 tablespoons Shaoxing wine or dry sherry
- 2 tablespoons light soy sauce
- 2 teaspoons dark soy sauce
- 1 teaspoon sesame oil
- 1 1/2 cups water
- 3 ounces carrot shredded
- 3 ounces bamboo shoots shredded
- 1 tablespoon vegetable oil for frying
- 1 ginger ", 2.5 cm, minced
- 1 tablespoon Shaoxing wine
- 1 teaspoon light soy sauce
- 1 teaspoon dark soy sauce
- 1 teaspoon sugar
- 3 sheets tofu sheet, dried yuba
- 2 cups oil for frying

Nutrition:

1. Calories: 1130 calories
2. Carbohydrate: 21 grams
3. Fat: 117 grams
4. Fiber: 2 grams
5. Protein: 3 grams
6. SaturatedFat: 9 grams

7. Sodium: 780 milligrams

8. Sugar: 10 grams

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