

Chinese Green Cabbage Noodle Stir Fry

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/vegetarian-chinese-stir-fry-noodle-recipe>

Ingredients:

- 1/4 cup reduced sodium soy sauce
- 1/4 cup rice vinegar
- 1 tablespoon chili paste each, sesame oil, and brown sugar
- 1/4 cup water
- 1 1/2 teaspoons corn starch
- 1 bunch green onions divided and minced
- 1 tablespoon minced ginger
- 3 garlic cloves minced
- olive oil Splash
- 6 ounces noodles ramen, lo mein, or wide rice noodles
- 5 cups green cabbage roughly chopped, 1/2 a small head
- 2 cups shredded carrots

Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 44 grams
3. Cholesterol: 35 milligrams
4. Fat: 7 grams
5. Fiber: 5 grams
6. Protein: 9 grams
7. SaturatedFat: 1 grams
8. Sodium: 600 milligrams
9. Sugar: 4 grams

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