

Slow Cooker Vegetable Beef Soup

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/vegetable-beef-soup-recipes>

Ingredients:

- 1 pound ground beef
- 2 onions diced
- 2 stalks celery including leafy tops, sliced
- 4 carrots peeled and thinly sliced
- 1 head cabbage shredded
- 3 cups vegetables your choice, I used a combination of yellow squash, corn and green beans
- 14 1/2 ounces diced tomatoes undrained
- 4 cups beef broth
- 2 cups water
- 1 tablespoon worcestershire sauce
- 1 tablespoon dried parsley
- 1 teaspoon dried basil
- 1 teaspoon dried oregano
- 1 teaspoon garlic salt
- 2 bay leaves
- salt
- pepper

Nutrition:

1. Calories: 480 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 75 milligrams
4. Fat: 18 grams
5. Fiber: 15 grams
6. Protein: 33 grams
7. SaturatedFat: 7 grams
8. Sodium: 1260 milligrams

9. Sugar: 9 grams
 10. TransFat: 1 grams
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